

Day, Date, Departure Time & Departure Place	<h2 style="text-align: center;">Outing Description</h2> <h3 style="text-align: center;">Spring 2009</h3> <p>Printer-friendly version</p> <p>Logistics, rules, meeting places, and difficulty ratings</p> <p>E-mail schedule changes and updates to: mail2020@seniorsoutdoors.org</p> <p>Participation in Seniors Outdoors! activities by non-members is limited to two outings per year. Visitors who wish to actively participate are expected to join Seniors Outdoors!</p> <p>Outing schedule changes and trip updates are in red.</p>	Difficulty Rating Total Length & Elevation Gain
Mon Mar 2 9:30 am DMR Bottom of Lift 1	Downhill Skiing at Durango Mountain Resort. Join the group every Monday and Friday through the ski season (snow permitting). All abilities - find a compatible skier. The group usually meets at noon for lunch at Dante's on the mountain. No RSVP needed - just show up.	
Wed Mar 4	Wednesday Wanderers. WW's meet at SW corner of Albertson's parking lot at 9:30 am to walk the River Trail. Due to construction on the trail, we will walk north to 32nd St and back. No RSVP's necessary. Dogs OK. Leader: Joan Huntley 385-7723	Easy 5 miles round trip
Fri Mar 6	Downhill Skiing at Durango Mountain Resort. (see Mar 2)	
Sun Mar 8 3:00 pm	All You Need to Know to Start Biking. Walt Abel will teach you all you need to know to get involved with bicycle riding for the upcoming spring and summer seasons. RSVP: Walt Abel 882-2490 or 382-8120 . Call for location and directions.	
Sun Mar 8 8:00 am Santa Rita Park 8:30 am Harry's in Mancos	Big Birthday Hike for Harry's and Gail's birthdays. We will hike Cahone Canyon, and there will be birthday cake afterward at Howard's trailer. RSVP: Harry Hance 533-9757 Trip Leader: Howard Drake	Moderate ~ 5 miles
Mon Mar 9	Downhill Skiing at Durango Mountain Resort. (see Mar 2)	
Tues Mar 10 6:30 pm Social 7:00 pm Potluck Rec Center	SO! General Meeting. Pot Luck dinner. Bring your own table service and a dish for eight with a serving utensil. A-F Salad G-M Main N-R Dessert S-Z Main In addition to your potluck dish, please bring non-perishable food donations for the Manna Soup Kitchen food drive.	
Wed Mar 11	Wednesday Wanderers. (See Mar 4)	
Fri Mar 13	Downhill Skiing at Durango Mountain Resort. (see Mar 2)	
Mon Mar 16	Downhill Skiing at Durango Mountain Resort. (see Mar 2)	
Wed Mar 18	Wednesday Wanderers. (See Mar 4)	
Fri Mar 20	Downhill Skiing at Durango Mountain Resort. (see Mar 2)	
Fri Mar 20 – Sun Mar 22 9:00 am Animas City PK	Hike and camp at Arches National Park. Escape the cold and snow in Utah. Camp in the primitive camping area or stay in a Moab motel. Drive over Friday, hike that afternoon and Saturday, return Sunday. No dogs. Leader: Bill Cagle RSVP: Sherry Suenram 259-5259 mikes@gobrainstorm.net	Moderate
Fri Mar 20	Downhill Skiing at Durango Mountain Resort. (see Mar 2)	
Mon Mar 23	Downhill Skiing at Durango Mountain Resort. (see Mar 2)	
Wed Mar 25	Wednesday Wanderers. (See Mar 4)	
Sat Mar 28 9:00 am Animas City Pk 9:25 am	Snowshoe up the Beautiful Cascade Creek Valley. We'll meander beside or on Cascade Creek, a favorite for snow and ice scenes so you might bring your camera. Carpool: \$2. No dogs. 4WD if Hwy 550 is snowy. RSVP: Charles Berglund 247-9747 chasberglund@msn.com	Moderate + 5-6 miles 400'

Tamarron		
Mon Mar 30	Downhill Skiing at Durango Mountain Resort. (see Mar 2)	
Wed April 1 8 th & 8 th 9:00 a.m.	WW hike: Fort Lewis Loop Trail The hike begins at the trailhead of 8 th & 8 th . The trail ascends immediately and winds through the woods up to the mesa. Once on the mesa, the hike loops around the mesa and to The Lion's Den and back. Leader: Tricia Bayless No RSVP	Easy 4 mi. 400'
Fri Apr 3	Downhill Skiing at Durango Mountain Resort. (see Mar 2)	
Wed April 8 Santa Rita Park 8:45 a.m.	WW hike: Escalante Trail Starting behind Home Depot, walk on the trail that goes behind Wal-Mart and the Humane Society. The trail then follows the river under the 550 bridge and ends up at the trailhead by the beer distributor on Highway 3. Return via the same route. Leader: Larry Bruckner No RSVP	Easy 4 mi. 400'
Fri Apr 10 8:30 a.m. Santa Rita Park	SO! Ladies Fridays A Field: Sand Canyon/East Rock Creek loop. We will start from the lower end Sand Canyon trailhead and follow the maintained trail cutting over and returning via the East Rock Creek trail. This is a very pleasant hike with a variety of ancient puebloan sites in view along the route. Please pack a lunch and we will find a nice spot along the trail to "dine." Poles nice but not necessary; we will not be going down into the canyons. Please bring plenty of water. Trail is busy & is used actively by mountain bikers; dogs on leash or left at home, please. Carpool \$5 RSVP: Tricia Bayless 375-2618 tricia_bayless@msn.com	Moderate 6 miles 400' gain
Tues Apr 14 6:30 p.m. Social. Rec. Center	SO! General Meeting - "Waterwise Landscaping" a presentation by Phyllis Rostkers, Master Gardener 2008, Durango, CO. Phyllis will present stimulating and creative ideas how to landscape with efficient use of water which touches on xeriscape gardening. Resource information will be provided.	
Wed April 15 Rec Center @ 8:45 a.m.	WW hike: Durango Mountain Park to Tech Center From the Crestview neighborhood, the trail winds thru DMP and ends up overlooking the Tech Center. The return route can be thru the cemetery and residential streets back to the trailhead. Initially there is a fairly steep bank to climb and some moderate up and down on trail to the Tech Center. Leader: Barb Hancock barbhancock@bresnan.net No RSVP	Easy 3.5 mi. 300'
Sat Apr 18 9:00AM Santa Rita Park	New Mexico Arches Hike: Hike to Anasazi and Octopus arches in Northern New Mexico. It's not very far to either arch, but there will be some mild scrambling and it is all off-trail bush-whacking. We can extend the outing by exploring the areas surrounding both arches. Carpool: \$5 Agile dogs OK. 4WD convenient. Leader: Lynn Coburn: 247-0914 harrisoncoburn@gmail.com Co-leader: Bob Thompson: 382-9271	Moderate (with some mild scrambling) 4 miles 700'
Tue Apr 21 10:00 am Hermosa Conoco	Highway 550 Cleanup. All SO! members are invited to do the spring cleanup service project along Highway 550. No-host lunch after at the Dalton Ranch Clubhouse. Car pool \$1 Leader: Marv Dworkin 259-9434 mpdworkin@gobrainstorm.net Co-leader: David Wright 259-5978 or david.j.wright@att.net	Easy
Wed April 22 Rec Center 8:30 a.m.	WW hike: Colorado Trail to Gudy's Rest From the upper trailhead, the hike begins with a gradual but steady uphill and follows along the creek from above through the canyon. The trail then descends slightly arriving at a bridge after 1.5 miles. Once at the bridge, there are a series of reasonable, comfortable switchbacks for approximately 1.4 miles to Gudy's Rest. The return is along the same route. Leader: Gayle Bedor No RSVP	Moderate 5 mi. 1,000'
Wed Apr 22	SO! Board of Directors Meeting.	
Sun. April 26 10:00AM Animas City Park 10:30	Road Ride the Passes: Training for the Iron Horse Bicycle Classic or gearing up for a summer of blissful riding? Come ride our passes! Ride from the Needles Store to the top of Molas Pass and back, via Coal Bank Pass. Expect to spend 3-4 hours depending on your fitness level. It's been called the hardest 20 mile ride in America, so this is a serious ride for strong riders. We	Most Challenging 30 miles 4,000' gain

Needles Store	will regroup on top of each pass unless it's too cold. In that case, we'll sweep the route on our return. Snow cancels. If it's a very cold day, we'll ride to Vallecito Dam instead. Call Debra to confirm. Limit 10, no dogs, carpool \$2. Leader: Debra Van Winegarden: 375-1413 debra@frontier.net	
Wed April 29 Change meeting place to Albertson's Parking Lot SW corner 8:30 a.m.	WW hike: Carbon Junction Trail This is an in-and-out trail. Starting with a series of switchbacks to the top of the mesa for about a half-mile. In another mile the trail reaches a junction with the South Rim trail. At that junction, we will take a right fork heading back southwest on South Rim trail for about 2 miles, then right again at the junction with Big Canyon trail for 1.1 miles until it drops out on a frontage road parallel to highway 160 and a 0.5 mile walk back to the trailhead parking area. Leader: Lydine & Tom Hannula lydine2@yahoo.com No RSVP	Moderate 6 mi. 600'
Fri May 1 8:30 a.m. Trailhead @ 3 rd Street & 8 th Avenue	SO! Ladies Fridays A Field: Raider Ridge The more difficult option will follow the pleasant trail along the ridge to above Timberline Estates. Then we can do an extra half mile bushwhack up to a point above Ute Pass Ranch. For those doing the full hike, we will stop for lunch at a high point along the trail. The moderate option will turn back at approximately 2.5 to 3 miles along the trail and should be back to the trailhead around lunch. Those interested may have lunch in town somewhere at the group's option. Poles are helpful. Trail can be narrow and steep in spots; dogs on leash or left at home, please. RSVP: Dorothy Bregar 385.1814 jbregar@durango.net	Option 1: Hard 9 miles 1,300' gain Option 2: Moderate 5-6 miles 1,300' gain
Sun May 3 8:30 am Santa Rita Park 9:00 am Harry's in Mancos	Bike Mocking Bird Mesa. Start from Howard's in Pleasant View. Drive out Rd. 12 to gated entrance. Park cars there and ride bikes down good road to end of mesa in about 1 ½ hours. We'll stop on the way back and explore Anasazi ruins. The mesa overlooks the confluence of Woods and Sandstone Canyons. "Tea" afterwards. Car pool \$7 Leader: Harry Hance 533-9757 hhance@webtv.net Co-leader: Howard	Moderate 7 miles No elev.
Tues. May 5 9:00 am Animas City Pk 9:25 AM Havilland Lake parking lot	Hike to Tacoma Power Plant. We will hike from Havilland Lake down to the Animas River and the Tacoma Hydroelectric Power Plant. Excel Energy will give a tour of this 100+ year old plant that uses water diverted from Cascade Creek to generate up to 4 MW of power. It is like a functioning museum. After the tour and lunch, hike back up to the parking lot. No dogs. Carpool \$2 RSVP: Clark Lagow 259-9337 clagow@rmi.net	Moderate 1200 ft. (back up) 4 miles
Wed May 06 Rec Ctr 8:30 a.m.	WW hike: Animas City Mountain Located within the city limits on the north end of town, this trail has a consistent uphill from the trailhead along the outside edge of the mountain to the promontory at the top. Trail is rocky. Poles may be helpful. Great views of Durango & the Animas Valley along the way and at the top. The trip will either return on the same trail or by an interior trail with approximately the same return distance. Leader: Ray Walker No RSVP	Moderate 5 mi. 1,000'
Thur. May 7 9:00 am Santa Rita Park	Hike Sale Barn to Horse Gulch. There will be an advance car shuttle for this through-hike in the Telegraph Trail system with a stop for lunch at Pautsky Point for a 360° view. Dogs OK. Co-Leaders: Jim O'Brien and Betsy Petersen. RSVP: Betsy Petersen 259-5417 betsyp@bresnan.net	Moderate 8 miles 1500'
Sat. May 9 8:30 am Santa Rita Park 9:00 am Harry's in Mancos	Hike Pedro Point. Drive to Howard's in Pleasant view then drive 20 miles on paved road to the dirt road turn off to Pedro Point. There are ruins at the end of the dirt road and for the hike we go into McLean Canyon. We can go all the way to the round towers. "Tea" at Howard's afterward. Car pool \$7 Leader: Harry Hance 533-9757 hhance@webtv.net Co-leader: Howard Drake	Moderate 3 miles 600'
Tues May 12 6:30 p.m. Social. Rec. Center	SO! General Meeting Staff from Backcountry Experience will present, "Are You Ready to Hike?" - information on how to be prepared for any situation you might encounter on a hike.	
Wed May 13 9:00 a.m. 3 rd	WW hike: Raider Ridge This trail ascends steeply but then follows the ridgeline with minimal elevation	Moderate 4 mi.

Street, Horse Gulch trailhead	gain or loss. Views are across the Fort Lewis College mesa and beyond. The return is either back on the same trail or may descend mid-way along the ridge and down to the Horse Gulch road for the return to the trailhead. Leader: Barb Hancock barbhancock@bresnan.net No RSVP	1,300' gain
Thur May 14 9:30 am Animas City Park 10:00 am Lemon Dam	<i>Bike from Lemmon Dam to Lost Lake.</i> This ride will cruise along the eastern shore of Lemmon Reservoir then climb up to Florida Campground. From there, we'll take a 4WD road up another 1 ½ miles to the T.H. and then ¾ mile through the woods to Lost Lake. We'll eat lunch at the lake and return. Mountain bikes necessary. No dogs. Carpool \$2 RSVP: Olin Kane 375-0060 kanes@frontier.net	Moderate 14 miles 1000'
Fri May 15 8:30 a.m. Rec Center 8:45 Conoco in Hermosa	<i>SO! Ladies Fridays A Field: Haflin Creek.</i> This trail starts with a series of switchbacks that allow nice views of the Animas Valley. Some of the switchbacks are quite steep, but we will take them at a relaxed pace, stopping for breath and views. About ½ mile into the hike, you begin to see the burned ponderosa from the fires but also nice sweeping views. After a mile the switchbacks level out until they resume again at about 3 miles. The shorter hike option will turn back at this point and the longer hike option will continue to where the trail meets up with Missionary Ridge then returning along the same route. Parking at trailhead very limited; please carpool. Poles are helpful. Trail is narrow and steep in spots; dogs on leash or left at home, please. Carpool \$1 RSVP: Linda Olmstead 385.4091	Option 1: Hard 7.5 mi. 2,880 Option 2: Moderate 5.6 mi. 1,300'
Sat May 16 9:00 am Santa Rita Park	<i>Hike Barn roof Point.</i> Just west of town, the TH is at the junction of CR 207 (Lightner Cr. Rd.) and CR 208 (Dry Fork Rd.). We hike an incline through DOW land at first so bring your Habitat Stamp (obtainable at the Fish Hatchery) if you are under 65. There is 50' of steep scrambling to the "roof" and then some bushwhacking to the point for exhilarating views. Dog OK (on leash on DOW land). Carpool \$1 RSVP: John Bregar 385-1814 jbregar@durango.net	Moderate 5-6 miles 1800'
Sun. May 17 9:00 am Santa Rita Park	<i>Hike Ruin Canyon.</i> Drive from Howard's in Pleasant View on paved road to turn-off to Ruin Canyon. Cactus and mariposa lilies should be in full bloom. There is a good trail into the canyon and some bushwhacking to the ruins may be necessary. Bring insect repellent. Tea at Howard's after. Carpool \$7 Leader: Harry Hance 533-9757 hhance@webtb.net Co-leader: Howard Drake	Moderate 600' 6 miles
May 19 hike moved to Mon June 1 9:00 am Rec Center	<i>Hike Colorado Trail from Junction Creek to Dry Fork Road.</i> Car shuttle Leader: Jim O'Brien 375-1693	Moderate 1500' 10+ miles
Wed May 20 Rec Ctr 8:15 a.m.	<i>WW hike: Missionary Ridge to Radio Towers</i> This is an "in and out" hike that begins in the Durango Hills area, accessed from CR240. Leader: Warren Levingston No RSVP	Moderate 5 mi. 500'
Thur May 21 9:00 am Animas City Pk	<i>Hike Jacob's Cliff.</i> Hike off the backside of Animas City Mountain. Some bushwacking required. Leader: Dell Manners 259-0190	Moderate 1500' 5 miles
Fri May 22 9:00 am Animas City Park 9:15 am TH on CR 250	<i>Hike Haflin Creek Trail.</i> Hike this challenging favorite close to town, up to Missionary Ridge and back. This will be a training hike since we'll hike it fast and push hard to the top. Carpool \$1. No dogs. Leader: Bill Cagle 38-4566 or cagle81301@yahoo.com	Hard 2200' 7 miles
Tues May 26 9:00 AM at Santa Rita Park 9:30 AM at Hwy 160 and Beaver Meadows Road	<i>Jacob's Ladder Lake Fishing Hike</i> – Jacob's Ladder Lake is a small, remote mountain lake in the Piedra River drainage, known for its good-sized "cutbow" trout. From the trailhead on Beaver Meadows Road, we'll bushwhack down to the lake for an afternoon of trout fishing (CO fishing license required). Non-fishermen also welcome – bring a picnic lunch and enjoy the setting. This outing will NOT be published in the Durango Herald. Co-leaders: Russ Szelaq and Gail McMullen RSVP to 382-9182 or	Moderate 4.5 miles some bushwhackin 1000'

	szelag@frontier.net	
Wed May 27 Rec Ctr 8:15 a.m.	WW hike: Log Chutes trail This trail system is in the Junction Creek area. We will follow the shorter of the two loops on an old road. The trail ascends and then generally levels out with some up and down along the way, eventually looping back to the trailhead. Leader: Barb Hancock barbhancock@bresnan.net No RSVP	Moderate 4.6 mi. 880'
Thur May 28 9:00 am Animas City Pk 9:30 am DMR	Hike Purgatory Trail. We'll hike down to the Animas River Footbridge and have lunch. The major elevation gain is a 900' climb the last mile back to the TH. Car pool \$2 RSVP: Bill Cagle 385-4566 or cagle81301@yahoo.com	Moderate 8 miles 1200'
Mon Jun 1	SO! Outings Committee Meeting.	
Mon June 1 9:00 am Rec Center	Hike Colorado Trail from Junction Creek to Dry Fork Road. Car shuttle Leader: Jim O'Brien 375-1693	Moderate 1500' 10+ miles
Wed Jun 03 8:30 3 rd Street, Horse Gulch trailhead	WW hike: Horse Gulch From the trailhead, the hike begins a gradual and consistent uphill. The hike follows the old road for 2 miles until the group turns around to return on the same route. Co-Leaders: Tricia Bayless & Eric Pahlke No RSVP	Easy 4 mi. 400'
Fri Jun 5 8:00 am Animas City Park	Hike Goulding Creek Trail to Jones Creek Trail (a through hike). We'll hike the switchbacks up Goulding Creek (most of the elevation gain) then follow the ridge south on the Pinkerton Flagstaff Trail, descending on the Jones Creek Trail to Hermosa Creek. Carpool \$2. Dogs Ok. Leader: Bill Cagle 385-4566 or cagle81301@yahoo.com	Hard 2200' 10 miles
Fri Jun 5 8:30 a.m. Rec Center	SO! Ladies Fridays A Field: Vallecito Creek Trail. This is a picturesque, well defined- trail that rises and falls along the creek through the canyon and into the wilderness. There is one-water crossing to the first bridge and two more to the second bridge. The goal for the longer option is to reach the second bridge, but may turn around earlier, depending upon water levels. Please plan to have lunch somewhere along the trail. The moderate option will turn back at or near the first bridge for an approximate 5 to 6-mile round trip hike. Please pack a lunch and depending upon timing the group will have lunch along the trail or back at the campground. Poles are helpful for water crossings. Bring water shoes for creek crossings. Trail can be narrow in spots and is busy; dogs on leash or left at home, please. Carpool \$3 RSVP: Susan Beck-Brown @ 375.0948 rdb835@frontier.net	Option 1: Hard 11 mi. 1,000' gain Option 2: Moderate 5 - 6 mi 700' gain
Mon Jun 8 9:00 am Animas City Pk 9:30 am DMR	Hike "Larkspur Lane". An annual favorite named by John Montle in 2001 for the larkspur and other flowers carpeting the meadows. We follow the well-established lower Engineer Mtn. Trail part way up and back through woods and meadows with great views. Early turn-backs OK. Dogs OK. Carpool \$3 RSVP: Betsy Petersen 259-5417 betsyp@bresnan.net	Moderate (or Easy if turn back early) 6 miles 1850'
Tues Jun 9 6:00 pm Social 7:00 pm Dinner 8:30 pm Bye	SO! General Meeting and Picnic. We will combine this month's meeting with a picnic at Edgemont Ranch Picnic area (6 miles out Florida Rd from 15 th and Main, turn across from the pinecone sculpture). It will be a combination potluck and BBQ, volleyball, horseshoes, etc. More info will be available as the time approaches. Stay tuned.	
Wed Jun 10 Santa Rita Park 8:15 a.m.	WW hike: Sale Barn. This hike heads up a series of switchbacks to the top of the canyon in less than a mile. At the junction with South Rim trail, the trail will proceed another 2.5 miles dropping down into Big Canyon, then connecting with and following Big Canyon Trail the last mile out to the frontage road. Leaders: Lydine & Tom Hannula No RSVP	Moderate 6 mi. 800'
Fri Jun 12 8:00 am Animas City Pk 8:30 am DMR	Explore/ Bushwack Upper Hermosa Drainage. We'll start at the upper Elbert Creek Trail behind DMR, follow the ridge lines and hunter/animal trails. Carpool \$3. 4WD nice. Leader: Bill Cagle 38-4566 or cagle81301@yahoo.com	Hard 3000' 10+ miles

<p>Tue Jun 16 9:00 am Animas City Pk</p>	<p>Hike Vallecito Creek Trail. Hike to first bridge (6 miles round trip) or for the hardy to the second bridge (11 miles round trip). Easily marked trail. Go at your own pace and turn-arounds OK. Elevation gain around 700 feet to first bridge, 1,000 feet to second bridge. Follow Creek through beautiful canyon and into the wilderness. One water crossing to first bridge, two more to second bridge. Dogs welcome. Car pool \$3 RSVP: Wayne Bedor 259-4759</p>	<p>Moderate 6 or 11 miles 700' or 1000'</p>
<p>Wed Jun 17 3rd Street, Horse Gulch Trailhead 8:30 a.m.</p>	<p>WW hike: Telegraph to Patusky Point. The trail begins by following the old Horse Gulch road, now closed to traffic, and links another trail that goes through a meadow before connecting with the Telegraph Hill where the trail then ascends to Patusky Point. The trail is well marked and most elevation gain is from the start of the trail up Telegraph Hill. Leader: Dennis Aronson No RSVP</p>	<p>Moderate 6 mi. 1,000'</p>
<p>Fri Jun 19 8:00 a.m. Rec Center 8:15 a.m. Conoco in Hermosa</p>	<p>SO! Ladies Fridays A Field: Jones Creek. The trail climbs through switchbacks, levels out, ascends, descends, and then ascends steadily until reaching Jones Creek. The views are limited, but the trees provide plenty of shade for a nice, comfortable hike. The trail is also popular with mountain bikers; dogs on leash or left at home, please. Carpool \$1 RSVP: Linda Olmstead 385.4091</p>	<p>Option 1: Hard 8.6 mi. 1,560' gain Option 2: Moderate 5 - 6 mi. 800'</p>
<p>Sun. June 21 9:00 am Animas City Park 9:30 am DMR</p>	<p>Annual Spud Mtn. Climb & Birthday Celebration. Enjoy a really fun hike/climb up a local landmark. <u>No trail.</u> Some steepness, rock scrambling and exposure involved. Group must stay together. Option to wait at base of rocky peak to avoid rock scrambling but you'll miss the Dynamite Views! Help John and Connie celebrate their birthdays (10 years apart ... which is which?) Limit: 10. Dogs OK but not for the final rock scramble. Carpool \$3 RSVP: John Montle 769-6108 mntnlvr@frontier.net Co-Leader: Connie Webbe</p>	<p>Hard 3 miles 1840'</p>
<p>Wed Jun 24 Rec Ctr 8:15 a.m.</p>	<p>WW hike: Falls Creek. Falls Creek is accessed from a parking area pretty much at the base of the Anasazi Rock Shelters and on the opposite side of the road. From there the trail crosses through a hayfield to the wooded area. Follow through the wooded area to the old burned area and back down into the valley via a trail that takes us just inside the Falls Creek subdivision and then out on the main road back to the cars. Leader: Rhonda Raffo No RSVP</p>	<p>Easy 3+ miles 300'</p>
	<p>CHECK YOUR E-MAIL FOR E-OUTINGS "Last Minute Outings" may be added to complement our printed schedule via e-mail, so check them out. Leaders will follow the same guidelines and safety precautions (radios, first-aid kits, etc.) as regularly scheduled outings. If you know members who do not have e-mail, please pass along the info about the outings to them. And if you'd like to lead an outing but didn't get it into the schedule in time for printing, contact the SO! E-mail coordinator at mail2020@seniorsoutdoors.org with all the information, and then arrange (with the preceding and following trip leaders on the schedule) to pick up and drop off the trip bag. For those of you who have hectic schedules and cannot commit to lead a few months in advance, or for a fill-in outing when others must be cancelled, it's not to late to lead at the last minute.</p>	

The outings Committee members who put together this Outing Schedule are: Jan Collins, Olin Kane, Clark Lagow, Sherry Suenram, Lani Graham and Dorothy Bregar. They appreciate your suggestions, ideas, willingness to help with and lead outings, enthusiasm while on outings, and natural leadership skills that show up when needed.